

Project Code:	2023-1-RO01-KA220-ADU-000160973					
Action Type:	KA220-ADU - Cooperation partnerships in adult education					
Agency:	RO01 - RO01 - Agentia Nationala pentru Programe Comunitare in Domeniul Educatiei si Formarii Profesionale					
Call:	2023	Round:	1	Date:	19-03-2026	

Assessment Sheet

Call for proposals

Name of the Organisation:	Societatea Romana de Sprijin a Varstnicilor si a Suferinzilor cu Afectiuni de tip Alzheimer
Title of the proposal:	On Stage in the Golden Age: Theatre for Healthy Ageing
Reference No:	2023-1-RO01-KA220-ADU-000160973 - Beneficiary Report-1

I. ASSESSMENT CONCLUSION

Criteria	Score
Work package 2: Analysis and Assessment	94.0
Work package 3: Joint Training programme for Social, Cultural, and Health Sectors	95.0
Work package 1: Project Management	
Work package 4: Participatory Theatre Activities for Seniors	95.0
Work package 5: Awareness-Raising and Dissemination	95.0
Total:	95.0

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Comments for the beneficiary

Strengths

- Coherent implementation of the project and all work packages, in line with the approved grant application, with no significant deviations from the initial planning.
- Strong project management, with clear roles, effective coordination and communication mechanisms, and adherence to the implementation timeline.
- Efficient and well-balanced partnership, supported by regular transnational meetings and the consistent involvement of all partner organizations.
- Good quality of WP2 activities, achieved through the combination of desk research and relevant focus groups.
- Complete and high-quality delivery of WP3 and WP4 results – national and European reports, the training programme, and the practical guide, available in five widely used European languages.
- Coherent transnational approach and EU added value, achieved through co-creation, translation, and knowledge transfer across four countries.
- Quality assurance mechanisms consistently applied: peer review, national validations and internal and external feedback.
- High relevance of the results for the target beneficiaries, confirmed through positive feedback, a high number of participants in pilot activities and qualitative appreciation.
- Practical and applicable nature of the results, with a focus on concrete tools, programme structure, practical exercises, and solutions usable by both target groups: seniors and caregivers, in real-life contexts.
- Innovative, non-clinical and cross-sectoral approach (theatre as an art-based intervention).
- Targets exceeded regarding the participation of seniors and caregivers in WP4.
- Extensive, multi-channel dissemination, with quantifiable indicators (page views, reach, participants, downloads).
- Increased capacity of participating organizations to develop methodological and training resources in both real and digital environments.
- The six partners from four European countries that developed and implemented the project succeeded in attracting 18 associated partners, which represented a major advantage both for increasing the relevance of the deliverables produced and for strengthening awareness of the importance of the results for the target groups, including beyond the project's lifetime.

Weaknesses

- Descriptions are sometimes formal, with few concrete examples related to the management of implementation challenges.
- Risk management is presented briefly, without detailed examples and/or "lessons learned."
- External impact for some results is more inferred from dissemination than demonstrated through specific usage indicators.
- Limited evidence of measurable institutional changes at the organizational level.
- Few indications of concrete post-project uptake (replication, new partnerships).
- Lack of follow-up data regarding the actual use of the products after the project's completion.

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II. ASSESSMENT

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Work package 2: Analysis and Assessment	Score
In WP2, Analysis and Assessment, the activities were implemented in accordance with the grant application. The objective of the second work package was to study, analyse, and assess the impact of theatre in preventing and supporting the psychosocial health and well-being of seniors with and without dementia, neurological disorders, and Alzheimer's disease, with particular attention to those with low incomes and those who are discriminated against or socially isolated, whose conditions were exacerbated by the COVID-19 pandemic (e.g., depression, anxiety, social isolation, and difficulties in emotional regulation). Through this process, WP2 strengthened the relationship between the mental health and cultural sectors and developed a qualitative methodology tailored to the specific needs of seniors. This was fully aligned with one of the project's main overall objectives, namely to investigate how active and passive participation in cultural and theatrical activities can counteract the negative effects on psychosocial health and well-being experienced by seniors. The timeline and typology of actions logically correspond to the "Analysis and Assessment" phase, including the drafting of national and international/consolidated reports and their translation into the partners' languages. The main result of WP2 was successfully developed through a structured, evidence-based research process, resulting in a comprehensive analysis and assessment of the role and impact of theatre in supporting the psychosocial health and well-being of seniors. The analysis targeted seniors with and without dementia, neurological disorders, and Alzheimer's disease, with special attention given to individuals with low incomes, from marginalised or socially isolated backgrounds, whose situations were often aggravated by the COVID-19 pandemic, in line with the planning and the approved grant application. The quality of the main result of this work package is considered to be good. The analytical report on the role of theatre in the psychosocial well-being of older adults is published with open access on the project website and is available in multiple language versions (GR, IT, RO, PT + EN). It underwent both internal and external evaluation processes and is considered to be in line with the initial specifications. The main output, the report "The Role of Theatre in Improving the Psychosocial Well-being of Seniors," translated and localised by all partners, was concretely supported by dissemination activities targeting professionals, stakeholders, and various categories of organisations at local, national, and European levels. The achievement and quality of the results are supported by the national research reports produced by each partner, the consolidated transnational analysis report, peer-review feedback coordinated by EDRA, internal evaluation reports, and dissemination records developed within WP5. All documents, supported by the internal correlations between work packages, confirm that WP2 fully achieved its objectives and provided a qualitative, up-to-date analysis that directly contributed to the overall objectives of the project. The final report highlights full alignment with and compliance with the initial planning. Innovation/complementarity is particularly supported through the intersection between the social and health fields and by positioning theatre as a non-clinical and cross-sectoral intervention (culture–health–social). The report is appreciated for its comprehensive analysis and for integrating data from multiple countries, thus complementing existing practices through a comparative basis and applicable recommendations. However, the description of innovative elements is more inferred from the nature of the approach than demonstrated through systematic comparisons with similar initiatives. More details would have been beneficial regarding differentiating factors compared to existing practices or tools on the same topic, as well as in relation to a previous project implemented by the beneficiary on a similar theme. The impact on participating organisations is suggested through strengthened methodological and evaluation capacities, clearly distributed roles, and a peer-review process that contributed to improving the structure and coherence of the report. However, the report provides fewer direct quantitative pieces of evidence regarding institutional changes specifically generated by WP2. The impact on other individuals and organisations is highlighted through open access to the deliverable and through visibility indicators within the dissemination ecosystem, such as 6,913 page views and 1,800 unique website visitors, as well as high participation in national events, with satisfaction scores of 4–5 out of 5 for relevance and quality. For WP2 itself, external impact is mainly inferred from dissemination channels and less measured through specific indicators regarding the usefulness of the report for the target group.	94.0

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Work package 3: Joint Training programme for Social, Cultural, and Health Sectors	Score
The implementation of WP3, Joint Training Programme for the social, cultural, and health sectors, was carried out in accordance with the grant application, with the report explicitly stating that there were no significant differences between the planned and the implemented activities, all actions being delivered as outlined in the application form. The WP3 leader, Habilitas Association, developed the guidelines, methodology, and templates for the design of the training programme. Each partner provided feedback and developed one complete learning unit (PPT and exercises, in English). Six modules of the training programme were developed. Habilitas Association reviewed and provided feedback to the partners. Each partner made the necessary revisions and translated all materials into the partnership languages. The partner from Portugal (Right Challenge) developed the e-learning platform hosting all programme modules, which can be used by interested professionals. The training programme was piloted by partners at national level, both online and face-to-face, with target groups (professionals from socio-medical and cultural fields) in Romania, Greece, Italy, and Portugal. Partners produced national piloting reports. The partner EDRA carried out the evaluation of the target groups' feedback with the aim of final programme adjustment, which was subsequently implemented by each partner under the coordination of the WP3 leader. There were no differences between the planned and implemented activities. All WP3 activities were completed and implemented according to the planned schedule. The development of the training programme, national piloting, and the delivery of results by each partner were achieved in line with the initial planning. The quality of the activities as a means of achieving WP3 objectives was good, as the workflow combined coordination, development, feedback integration, piloting, and final validation. The justification is based on the robust structure of the Joint Training Programme: six modules organised into three parts – mental health issues in older age, the role of theatre as non-clinical prevention/management/treatment, and a practical component. Each module includes a theoretical presentation, objectives and duration, description, three learning activities with integrated multimedia materials, and an assessment test, available in English and translated into the partners' languages, indicating alignment with the initial commitment and accessibility for users. The relevance of the learning outcomes and the impact for beneficiaries are reflected in the user-oriented design of the training programme, evident through the clearly defined target group profile: social workers, psychologists, artists, caregivers, socio-cultural facilitators, etc., and through the reported effects: increased knowledge on dementia/Alzheimer's, development of socio-emotional and communication skills, as well as creative tools for working with older people; participants appreciated the balance between theory and practice and highlighted the usefulness of application in institutions and interdisciplinary teams. The internal evaluation of WP3 was carried out collaboratively by the partners. The collaborative development process and the attention to detail in finalising the training modules supported the programme's potential impact in promoting innovative approaches across the three target sectors: social, cultural, and health. The external evaluation within WP3 was conducted through evaluation questionnaires administered to target groups at the end of the piloting activities. The report highlights that participants appreciated the dynamic nature of the training sessions (in PT and RO), role-playing, storytelling, and interactive exercises for their applicability and emotional impact, interdisciplinary interactions with professionals from the different fields addressed by the project, the practical modules that enabled realistic implementation of the presented techniques, as well as the quality, innovation, and uniqueness of the training programme. Innovation and complementarity are supported by the non-formal, art-/theatre-based nature of the programme, oriented towards non-clinical interventions and synergies between health, social, and cultural sectors. EU added value is reflected in the contributions of the European partners to the transnational training programme, highlighting expertise transfer and the enhancement of the quality of a final output – the training programme – designed for use in multiple European contexts. A further strength is the common standardisation: materials collaboratively developed by the consortium, centrally reviewed by the work package leader, translated into multiple languages, and hosted on the project website developed by the Portuguese partner (Right Challenge), which facilitates transferability and use by representatives of the project's target groups.	95.0

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Work package 1: Project Management	Score
The project “On Stage in the Golden Age: Theatre for Healthy Ageing (Age_THEA)” was developed as a cooperation partnership in the field of adult education, involving six organisations from four Erasmus+ Programme countries (Romania, Italy, Portugal, and Greece), implemented over a period of 24 months, from December 2023 to December 2025. The project aimed to investigate and test how participation in cultural and creative activities, in particular theatre-based interventions, can address and counteract the negative aspects and effects on the psychosocial health and well-being of older people in the EU (including those triggered by the COVID-19 pandemic). Through synergies between the cultural, medical, and social sectors, the project developed an interdisciplinary, art-based, non-formal training programme for the prevention and treatment of Alzheimer’s disease symptoms and cognitive decline in older adults. By stimulating creativity, self-confidence, social engagement, and community building, the project promoted activity, active ageing, and social inclusion among people aged 65+, including disadvantaged and socially isolated groups. The project also aimed to raise awareness through structured dissemination of results at EU level, highlighting the arts—particularly theatre—as an effective tool for active ageing, for managing and improving psychosocial health and well-being, as well as a means of inclusion, social engagement, and empowerment. Project management was carried out in a systematic and coherent manner, in line with the approved grant application and the initial activity planning. The report highlights that the management structure, partner roles, and implementation timeline were respected throughout the project. The deliverables and results defined under WP1 were not modified. The use of recurring online coordination meetings, as well as three physical Transnational Project Meetings (TPMs), is positively noted, along with adherence to the schedule of deliverables and interim deadlines. The report mentions minor adjustments related to the rescheduling of certain activities due to logistical reasons, without affecting the agreed objectives. It also highlights that the management structure and partner roles remained aligned with those defined in the application, supporting the conclusion of a coherent and compliant implementation. Each partner effectively fulfilled its allocated responsibilities: UNIWA led WP2, Habilitas – WP3, LCM – WP4, dissemination – Right Challenge (WP5), and quality monitoring and evaluation – EDRA. All partners actively participated in monthly online coordination meetings and in transnational project meetings held in Milan (M1), Athens (M12), and Bucharest (M24), contributing to decision-making, problem-solving, workflow refinement, final reporting, and sustainability planning. Partners maintained continuous communication with SRA and among themselves, collaborated with associated partners and stakeholders, and supported national-level implementation and dissemination. However, the descriptions are largely formal, with few concrete examples regarding co-creation processes or implementation challenges and how these were addressed by the consortium members. Risk management and the handling of potential conflicts were approached in a preventive and partnership-adapted manner, based on functional procedural mechanisms. The final report does not indicate any major conflicts among partners, suggesting a stable collaborative environment and effective relationship management within the consortium. The report refers to the identification of risks related to target group participation and transnational coordination, as well as to mitigation measures such as increased flexibility in scheduling and intensified online communication. These elements are presented briefly, without detailing specific conflict situations or how they were managed. Thus, although there are indications of a preventive approach, the actual documentation of applied mechanisms remains limited. The use of Erasmus+ online platforms is explicitly mentioned in the report. An article presenting and disseminating the results of the Age_THEA project (WP2 and WP3) was published on the EPALE platform by Right Challenge to ensure broad visibility among adult education stakeholders. The report refers to the publication of the project description and main results on the EPALE platform. No references are found regarding the publication of results on the EPRP platform. The project website (www.age-thea.eu) transparently hosts all project information and final results.	

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Work package 4: Participatory Theatre Activities for Seniors	Score
The implementation of WP4, Participatory Theatre Activities for Seniors, was coordinated by Le Compagnie Malviste (LCM), as the WP leader. Following the presentation of the general concept of the Guide, the coordinator received feedback from each partner. For the development of the theoretical section of the Guide, the coordinator initiated guiding/exploratory questions, and partners provided their perspectives, so that the final result reflects the partners' shared experience, methodology, and research integrated into the common framework developed. Subsequently, partners proposed practical activities within the four established categories (body-based activities, vocal activities, manual skills, and phototherapy). Approximately 70 exercises were collected and reviewed; the proposals were analysed and revised by all partners. A total of 30 common exercises were selected, for which partners then developed 506 detailed exercise sheets, including descriptions, practical tips, and supporting materials. All exercises were tested through pilot sessions in Italy, Portugal, Romania, and Greece, involving both target groups: seniors and caregivers. The feedback resulting from the piloting phase was shared across the partnership and actively used to optimise the activities. Finally, partners contributed to translating the content into all partnership languages. The co-creation process of the Guide was completed by applying a common visual identity to the final outputs. All activities corresponding to WP4 were reported as being in line with the grant application, with no significant differences between the planned and implemented activities. The quality of the activities is good, supported by the logical sequence of the different development stages of the final result of this WP, namely the Guide. The quality of the activities is further supported by a coherent process of co-creation and testing: LCM coordinated the structure and concept ("Fragile Theatre: Handle with Care"), launched a development framework for the theoretical component, and partners contributed both to content development and to the implementation of pilot activities with seniors and caregivers in all four countries represented in the project: Italy, Portugal, Romania, and Greece. The results of WP4 are considered to be of good quality and in line with the initial specifications. A total of 30 final exercises were identified, structured into four categories: body work, voice work, manual skills, and phototherapy, each partner developing 5–6 detailed sheets including descriptions, recommendations, and materials, integrated into the Guide for creating participatory theatre activities for older people, fully available in English and in the partners' languages. The results are relevant for beneficiaries, as the methodology is oriented towards group work and interpersonal interaction, targeting the psychosocial well-being of older adults, including people with dementia/Alzheimer's and those at risk of isolation. At the implementation level, the report indicates participation exceeding expectations: 93 older participants involved compared to 40 initially estimated, and 26 caregivers compared to 20 initially planned, suggesting the usefulness and attractiveness of the activities. The relevance and scope of the learning outcomes are also supported by internal evaluation: quality assessment is documented through the final version of the main WP4 result (the Guide), validated detailed exercise sheets, observation reports from the pilot phase, questionnaires with quantitative and qualitative evaluation indicators, as well as structured feedback collection activities carried out during implementation and archived within the project campaign. The innovative/complementary dimension emerges from positioning participatory theatre as a non-clinical, cross-sectoral intervention that uses techniques such as storytelling and phototherapy (narrating old photographs) to activate memory, emotions, and connection, complementing traditional care interventions with person-centred, art-based tools. EU added value results from transnational co-creation (each partner produced and reviewed content), the translation of all materials into partner languages, and their availability on a shared platform, enabling use and transfer across different contexts. The impact on participating organisations is suggested through strengthened capacity to deliver art-based interventions for seniors and through the existence of a reusable set of tools (30 standardised exercises and a methodological guide), as well as through effective collaboration between actors in the social, health, and cultural sectors, also reflected in the number of professionals involved in facilitation. The impact on other individuals/organisations is supported by reach and participation data: dissemination reached at least 5,000 people, and the ecosystem of events (round tables, awareness events, and the final conference with 99 participants) engaged a relevant audience.	95.0

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Work package 5: Awareness-Raising and Dissemination	Score
The implementation of WP5 – Awareness Raising and Dissemination – was carried out jointly by all partners, under the coordination of the Portuguese partner (Right Challenge), which developed the project's dissemination strategy and monitored its implementation throughout the entire project duration. Overall, WP5 activities were implemented in accordance with the AGE_THEA application, including all planned dissemination activities. The final report indicates some minor differences and adjustments during implementation, as follows: - Quantitative visibility indicators, particularly the number of followers on the project's social media accounts, were in some cases lower than initially planned. Although engagement, views, and reach were high, the growth in followers on Facebook and Instagram remained below the initial targets. These aspects were mitigated through extensive dissemination via partners' social media channels and their own websites, which have significantly larger audiences. - Website analytics were partially affected by a technical issue related to the visitor-counting plugin, which was installed later than planned. As a result, part of the early website traffic could not be fully recorded, although dissemination through the website remained continuous and effective. - Dissemination through external publications showed some variation across partner countries, reflecting differences in national media landscapes and organisational communication channels. Overall, partners contributed according to their local context and capacities, with dissemination efforts aligned with the planned objectives, naturally varying in scale and reach across countries. The final report emphasises that no planned dissemination activity was cancelled, and that all results—including the strategy, branding, website, materials, social media presence, national events, and the final conference—were successfully delivered. The adjustments contributed to strengthening the accessibility and sustainability of dissemination outcomes within the project. Overall, the implementation of WP5 is in line with the grant application. WP5 did not generate standalone deliverables or transferable results, but rather provided the framework for disseminating and exploiting the results of the other work packages through the project website, digital communication content, brochures and dedicated articles, as well as through reported performance indicators (e.g., 6,913 page views and 1,800 unique website visitors). These outputs respond to the needs of predefined beneficiaries to easily access information and resources, through a public and reusable format both in partner countries and at European level. The report notes significant participation in events (e.g., a national event in Athens with 91 participants and the final conference with 99 participants), while participant evaluations rate relevance and quality in the 4–5/5 range, suggesting perceived usefulness and transferability. A comprehensive dissemination strategy was developed and implemented, detailing objectives, target groups, communication channels, and methods and pathways for exploitation (Dissemination Plan). The strategy ensured coherent messaging across partner countries, systematically supporting the dissemination of WP2, WP3, and WP4 results and facilitating stakeholder engagement at local, national, and European levels. It directly supported the objective of raising awareness of the role of theatre in promoting the psychosocial well-being of seniors in the partner countries. A strong visual identity was also created, including a logo, colour palette, typography, document templates, and website design. These elements ensured professional and recognisable communication across all materials and platforms, strengthening the project's visibility. Updated templates ensured compliance with Erasmus+ visibility rules and consistency across partner organisations (internally and externally). A wide range of materials was produced within the project, including brochures, leaflets, newsletters, videos, roll-up banners, and press releases. These materials were developed in English and translated into the partner languages, significantly increasing accessibility and impact. Promotional videos and visual content effectively showcased participatory theatre activities and enhanced engagement among a diverse audience. The quality of activities as a means of achieving the WP5 objectives is considered good, following a complete logical progression from basic visibility (visual identity, online channels) to outreach and	95.0

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validation actions (round tables, awareness events, public presentations), culminating in synthesis events such as the final conference.